

BREAKFAST

Get the day off to a delicious start! Served until 11 am.

- **Clara Vale €8.50** - Three freshly scrambled eggs, side of guacamole, roasted vine tomatoes, Firehouse Bakery granary toast. Add bacon 2.00 **Allergens: wheat, milk, egg**
- **Wicklow Way €8.50** - Avocado, melted Swiss, crispy bacon, roasted tomatoes, & chutney on Firehouse Bakery sourdough. **Allergens: wheat, milk, fish (fish sauce in chutney)**
- **The Sally Gap €8.50** - Grilled halloumi, chunky guacamole, tomato & coriander salsa and tossed greens on sourdough. **Allergens: wheat, eggs, milk, gluten**
- **Bray Head €7.00** - 3 slices of crispy bacon, local tomato-sweet chilli chutney on sourdough. **Allergens: gluten, fish, milk, egg (mayo)**

LUNCH

Bread by Firehouse Bakery' and a delicious selection of artisan sandwiches, salads, and soups.

- **Tuscan Chicken €8.50** - with lemon & herb marinade, warmed chorizo, tossed greens, pine nuts, tomato & Parmesan shavings. **Allergens: wheat, milk, egg**
- **Pastrami Rubeen €8.50** - Pastrami, melted Swiss cheese, thousand island dressing, sweet pickled cucumber, greens on granary. **Allergens: milk, egg, gluten, soya, sulphite**
- **Red Bird Toastie (Best Seller) €8.50** - Slow cooked ham, aged cheddar, red onion, vine tomatoes, local chutney. **Allergens: wheat, fish (fish sauce in chutney), milk, egg**
- **Chicken & Stuffin €8.50** - Marinated chicken with homemade sage and onion stuffing, sliced red onion, tossed greens and lemon garlic aioli. **Allergens: wheat, egg, milk.**
- **Bruschetta €8.50** - Crumbled feta, roasted vine tomato & walnut herb pesto with baby spinach, and rocket on sourdough. **Allergens: wheat milk, wheat, walnuts**
- **Classic Club €9.90** - Marinated chicken, bacon, Swiss, beef tomato, 1000 island on triple-decker batch bread & pickle. **Allergens: milk, wheat, sulphite, egg**
- **BLT €8.50** - Crispy bacon, beef tomato, and tossed greens. Add avocado or Swiss cheese for 1.00. **Allergens: milk, wheat, eggs**
- **Fresh Soup €6.50** - Vegetarian and gluten-free homemade fresh soup with sourdough or granary bread. Add a cup of soup to any sandwich or salad 3.50.
- **Superfood Salad €9.50** - with crumbled feta or warmed halloumi, quinoa, spinach, crispy kale, seasonal veggies, nuts and, toasted seeds. **Allergens: milk**
- **Red Bird Salad €9.50** - Marinated chicken with avocado, vine tomatoes, season veggies, tossed herbs and greens and caramelised hazelnuts. **Allergens: hazelnuts**
- **Take Out Salads €8.50**
- **Half Toastie, Soup & Salad €9.90** - Half a red bird toasty (veggie version available), a cup of today's soup and a tossed green salad. **Allergens: wheat, milk, egg, fish (fish sauce in chutney)**



SWEET TREATS

We have a delicious selection of sweet treats to tempt you, baked fresh with the finest ingredients every morning.

COFFEES + TEAS

Our coffee is by McCabes Artisan Coffee Roasters in Wicklow. Non-dairy milks .40 cents / Syrups .40 cents (If you have both, we just charge for one)

- **Americano €3.00 (8oz. & 12oz.)**
- **Flat White €3.50**
- **Mocha €3.90**
- **Latte €3.50 / 12oz 3.90**
- **Latte Macchiato €3.50**
- **Cappuccino €3.50 (12oz €3.90)**
- **Double Espresso €3.00**
- **McCabes Hot Chocolate 40% Cocoa €3.90**
- **Mumbai Chai with milk €3.80**
- **Turmeric Chai with milk €3.80**
- **Children's Hot chocolate €3**
- **Babychino €2.50**
- **Loose Leaf Breakfast Tea €3.00**
- **Herbal Teas €3.10**
- **Macchiato €3.50**

ICED COFFEES (12OZ)

Non-dairy milks .40 cents / Syrups .40 cents (If you have both, we just charge for one)

- **Iced McCabes 40% Chocolate €3.90**
- **Americano €3.00**
- **Latte €3.90**
- **Mocha €3.90**
- **Macchiato €3.60**
- **Cappuccino €3.90**
- **Double Espresso €2.80**

ORDER AHEAD FOR PICK-UP

All of our menu is available for takeout.
Phone in your order to Red Bird Café and we'll have it ready for collection.
We advise ordering as early as you can.

To place your order call us on 01 276 8979

Upstairs @ Flanagan Kerins,
Unit 3 Bray Retail Park, Wicklow

