



CAFE MENU

CLARA VALE €12.90

Three scrambled eggs, side of guacamole, roasted vine tomatoes, organic sourdough
Add bacon: €2.50 - Until 11.30

Allergens: gluten (wheat), dairy, egg

BREAKFAST SPECIAL €14.50

Butcher sausages, crispy bacon, caramelised onion, rocket, beef tomato, fried egg and sourdough toast. Until 11.30 and all day Saturday.

Allergens: gluten (wheat), dairy, egg

CHICKEN & STUFFING €10.50

Marinated chicken with homemade sage and onion stuffing, sliced red onion, tossed greens and lemon garlic aioli.

Allergens: gluten (wheat), egg, dairy

BLT €11.50

Crispy bacon, beef tomato, and tossed greens. Add avocado + €2 or Swiss cheese +€1.50.

Allergens: gluten (wheat), dairy, eggs

BROWN SUGAR BEEF €12.90

Spiced Irish beef, apple and celeriac slaw, caramelised onion tossed greens, horseradish mayo on organic sourdough. **Allergens: gluten (wheat), egg, celery, mustard**

CHICKEN CAESAR WRAP €12.50 OR SALAD €13.50

Marinated chicken, bacon lardons, sourdough croutons, parmesan shavings, caesar dressing

Allergens: Gluten (wheat), dairy, egg, mustard

CHIPOTLE CHICKEN WRAP €12.50

Whole peppers, marinated chicken, chipotle mayo red onion, tossed greens tomato wrap

Allergens: gluten (wheat), egg, mustard, celery

THE SALLY GAP €12.90

Grilled halloumi, chunky guacamole, tomato & coriander salsa and tossed greens on sourdough.

Allergens: gluten (wheat), eggs, dairy

RED BIRD TOASTIE €11.90

Slow cooked pulled ham, cheddar, red onion, vine tomatoes, local chutney.

Allergens: gluten (wheat), dairy, egg

BRUSCHETTA €13.50

Crumbled feta, vine tomato & walnut herb pesto with baby spinach and rocket on sourdough.

Allergens: gluten (wheat), dairy, nuts (walnut)





HALF TOASTIE & SOUP €10.50

A red bird toasty (veggie version available) and a cup of today's soup.

Allergens: gluten (wheat), dairy, egg

ADD A CUP OF SOUP TO ANY DISH FOR €4

TAKE AWAY AVAILABLE FOR ALL ITEMS ON THE MENU

SUPERFOOD SALAD €13.50

With crumbled feta or warmed halloumi, quinoa, spinach, crispy kale, seasonal veggies, nuts and, toasted seeds.

Allergens: dairy

RED BIRD SALAD €13.50

Marinated chicken with avocado, vine tomatoes, seasonal veggies, tossed greens, and toasted hazelnuts and seeds.

Allergens: nuts (hazelnuts)

FRESH SOUP WITH SOURDOUGH €7.90

SWEET TREATS

We bake cakes and scones from scratch fresh every morning. Our bakery goods contain gluten (wheat), dairy (milk, butter), eggs and may contain nuts (walnuts, hazelnuts and/or peanuts).

Please discuss with our staff if you have an allergy.

ORDER AHEAD FOR PICKUP

All of our menu is available for takeout.

Phone in your order to Red Bird Café and we'll have it ready for collection.

We advise ordering as early as you can.

To place an order call us on 01 276 8979

Upstairs @Flanagan Kerins
Unit 3 Bray Retail Park, Wicklow

